

| Position | January 31st 2012 | | Time | PB | | |
|---------------|-------------------|----------|-----------|-------|----|---------------|
| 1 | Mark | Neath | 29.36 | PB | | |
| 2 | Ewan | Gordon | 30.12 | | | |
| 3 | Martin | Boswell | 23.45 | | | |
| 4 | Jenny | Ryan | 35.47 | PB | | |
| 5 | Patricia | Preston | 35.48 | | | |
| 6 | Sam | Dawes | 29.32 | PB | | |
| 7 | Steve | Livesey | 29.34 | | | |
| 8 | Mike | Walsh | 31.45 | PB | | |
| 9 | Glen | Lawler | 24.57 | PB | | |
| 10 | Steve | Burgess | 27.28 | PB | | |
| 7.28 min/mile | 11 | Jenny | Clark | 26.09 | PB | Ladies Record |
| 6.12 min/mile | 12 | Andrew | Fairbairn | 21.42 | PB | Mens Record |
| | 13 | Phil | Hayes | 26.17 | | |
| | 14 | Stan | Jackson | 34.18 | PB | |
| | 15 | Nick | Hughes | 23.20 | | |
| | 16 | Jackie | Routledge | 36.50 | | |
| | 17 | Shane | Haines | 26.34 | PB | |
| | 18 | Alex | Fleming | 22.44 | PB | |
| | 19 | Mark | Trent | 23.53 | PB | |
| | 20 | Brian | Cumpsty | 23.30 | | |
| | 21 | Steve | Brown | 24.17 | | |
| | 22 | Debbie | Cardwell | 29.34 | | |
| | 23 | Tulu | Bozkaplan | 33.42 | | |
| | 24 | Katie | Ashton | 33.46 | | |
| | 25 | Kirsty | Whyatt | 33.46 | | |
| | 26 | Georgina | Apperley | 28.53 | | |
| | 27 | Ellie | Jackson | 34.55 | | |
| | 28 | David | Young | 29.56 | PB | |
| | 29 | John | Bradley | 32.46 | PB | |
| | 30 | Richard | Langslow | 31.20 | | |
| | 31 | Graham | Saffery | 34.01 | | |
| | 32 | Caroline | Wynn | 34.08 | | |
| | 33 | Julie | Sherwood | 34.09 | | |

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| Handicapper | Malc |
| Helpers | Christine |
| Next Handicap | Tuesday 28th February |
| Average Pace | 29.40 |